

## **CURRICULUM-VITAE**

**Dr. ANAMIKA CHAUHAN**  
**Assistant Professor**  
**Department of Home Science**  
**Chaman Lal Mahavidyalaya, Landhaura**  
**Roorkee, Haridwar-247664**  
**7417386252**



### **PRESENT STATUS:**

- Assistant Professor , Chamanlal Mahavidyalaya, Landhaura, Roorkee, Haridwar (Uttarakhand)

### **EDUCATIONAL QUALIFICATION:**

UGC-NET, Ph.D., USET, M.Phil., M.Ed., B.Ed,

### **AWARDS/ ACHIEVEMENTS:**

- Awarded with “Teacher’s Excellence Award” by Motherhood University, Roorkee, Hridwar(Uttarakhand) on 07/07/2017.
- Awarded with “Young Scientist Award” by Uttarakhand State Council for Science and Technology (UCOST) Dehradun (10-12 February 2018).
- Awarded with “Dr.Sarvepalli Radhakrishnan Global Educator Award-2022” by International council for education, Research and Training
- Awarded with “Teacher of the Year 2023” by Uttarakhand Govt.
- Patent on GOLD NANOPARTICLES WITH ALBIZIA LEBBECK L. BENTH LEAVES EXTRACT FOR DERMAL CANCER

- New curricula and courses development(NEP) of Sri Dev Suman University, Tehri, Uttarakhand
- BOS member in Sri Dev Suman University, Tehri, Uttarakhand
- BOS member in Dev Bhoomi University, Dehradun, Uttarakhand
- BOS member in Quantum University Haridwar, Uttarakhand

### **ACADEMIC MEMBERSHIP:**

- Life membership of Indian Science Congress Association, Kolkata.
- Life membership of Scientific and Technical Research Association (STRA)
- Life membership of The Home Science Association of India
- Life membership of Nutritional Society of India
- Life membership of Indian Political Science Association

### **EXPERIENCE:**

- Nine years’ research experience in the subject of Home Science

- Seven - year teaching experience

### Lecture delivered

1. Lecture on Lymphatic system in Rajkamal science & management college Bhadrabad Haridwar, 13 oct 2018
2. Lecture on Digestive System in Rajkamal Science & management college Bahadrabad Haridwar , 17 August 2019
3. Lecture on Impact of Healthy food on human health in Harishchandra Ramkali (p.G.) College Laksar Haridwar, 29 Nov.2019
4. Lecture on Role of Vitamins, Harishchandra Ramkali (p.G.) college, Laksar, Haridwar, 15/03/2021
5. Resource person in National Seminar “Sustainability in Health and Well Being: Prospects, Issues and Challenges” sponsored by ICSSR, new Delhi on 18-19 March, 2023
6. Resource Person in National Seminar in Subharti University Meerut sponsored by ICSSR, new Delhi on 6<sup>th</sup> Dec 2023

### LIST OF PUBLICATIONS:

1. **Anamika Chauhan** (2015). Educational level of India in present (ASIR) ISSN2319-9209; VOL6 (7)2015.
2. **Anamika Chauhan** (2015). Effects of domestic violence on children: a study (IJHER), 5(2)2015ISSN-2277260X.
3. **Anamika Chauhan** and Anita Sati (2016). Prospectus, challenges and achievements of right to education in Uttarakhand, India. Research Journal of Educational Sciences; E-ISSN:2321-0508, VOL 4(5MAY 2016).
4. **Anamika Chauhan** (2017). Status of educational development at primary and upper primary school level in India. Journal of teacher education and research. Vol. 12(1)-66. ISSN: Online-2454-1664
5. **Anamika Chauhan** and Sanjay Kumar (2016). Junk Foods, Their Ill Effects on Human Health and Measures of Their Regulation. International Journal of Family and Home Science, Vol.12 (2) (May-Aug., 2016) (179-189). ISSN (Print) 0973-2608 ISSN (Online) : 2454-3608.
6. **Anamika Chauhan** (2017). Keep your eyes healthy. DREAM 2047, May 2017, Vol. 19 No. 8.
7. **Anamika Chauhan** and Anita Sati (2018). Status and challenges of Right to Education Act in district Haridwar (Uttarakhand), International Journal of Research in Humanities, Arts and

Literature (IMPACT: IJRHAL) ISSN (P): 2347-4564; ISSN (E): 2321-8878. Vol. 6, Issue 10, Oct 2018, 197-204.

8. **Anamika Chauhan** (2018) Nutraceuticals inspiring the current therapy for way of life Diseases, Educational Vision, ISSN-2454-8863, vol-04, p.g.79-84
9. **Anamika Chauhan** (2019) ASSESSMENT OF IMPACT OF RIGHT TO EDUCATION (RTE) ACT 2009 IN HARIDWAR DISTRICT, Journal of All India Association for Educational Resaerch Vol.31, No.1&2, pp.33-48, June & December 2019.
10. **Anamika Chauhan** (2021) Nutrition and health benefits of hemp-seed protein (*Cannabis sativa* L.), The Pharma Innovation Journal 2021; 10(1): 16-19, ISSN (E): 2277- 7695 ISSN (P): 2349-8242 (2021)
11. **Anamika Chauhan** (2021) Role of nutrients regulation in the immune system in preventing COVID-19 infection: A brief review; Journal of applied and natural Science 13(2):760-765(2021), ISSN : 0974-9411 (Print), 2231-5209 (Online).
12. **Anamika Chauhan** (2022) A Study on problem and Challenges faced by girl students in Higher education, Philosophical sReadings, (2022),130-135 DOI : 10.5281/zenodo.5833619 ( Scopus)
13. **Anamika Chauhan**(2022) A study of Right to Food Nutrition and Care, International Journal of Creative Research Thought, ISSN: 2320- 2882
14. **Anamika Chauhan** (2023) Food & mental health: An analysis, NIScPR-CSIR, India, DOI: 10.56042/bvaap.v31i2.1203
15. **Anamika Chauhan** (2023) Karye Sdhal per Youn Utpidan: Ek vishleshan, Shodh Disha ISSN 0975-735X
16. **Anamika Chauhan** ( 2023) National Nutrition Week: A Implement to Reduce Malnutrition, International Journal of Food, Nutrition and Dietetics, DOI: <http://dx.doi.org/10.21088/ijfnd.2322.0775.11323.5>
17. **Anamika Chauhan** (2023) A Study of Satisfaction and Perception of Parents in the Context of Quality Education, Education and Society, ISSN 2278-6864
18. **Anamika Chauhan** (2023) Sexual health and the SDGs: Opportunities and challenges, Indian Journal of Health Sexuality and Culture, ISSN 2581-575X

19. Anamika Chauhan(2024) Opportunities & challenges of usage of bioactive compounds in agro-food businesses, Sustainability, Agri, Food and Environmental Research; (ISSN: 0719-3726 <https://safer.uct.cl/index.php/SAFER/article/download/702/686>)

**Book published :**

1. “Adhunik Shiksha vyavstha n Gurukul Shiksha Parnali ka mhattav” ISBN: 978-81-943984-5-5
2. Adhunik pariprekshye main Gurukul Shiksha paddati ka mahatav. ISBN: 978-81-942838-2-9
3. Nai shiksha niti 2020 sambhavnay avm chunotiya ISBN: 978-81-949514-5-2
4. Covid-19, Human Health And Nutrition ISBN: 978-93-5473-518-9
5. Home Science As a Vocational Subject : Challenges and Opportunities, ISBN 978-93-81246-60-3
6. Nutrition and Human Health, ISBN 978-93-91002-10-7
7. Agrim Poshan Avam Manav Vikaas, ( NEP Syllabus Base) ISBN 935531643-7
8. Textile & 21<sup>st</sup> century ISBN 978-93-94424-54-8
9. Aavas avm prasar shiksha, ( NEP Syllabus Base ) ISBN 935531768-9
10. Samudayik vikas avm karykarm yojna (NEP Syllabus Base) ISBN 935854043-5
11. Vastra satah ka alankaran (NEP Syllabus Base) ISBN 935854049-4
12. Aahar vigyan Avm Chikitsiye poshan (NEP Syllabus) ISBN 935854222-5
13. Bhojye avm Poshan Koshal( NEP syllabus) ISBN- 9788196882495
14. Sexual Harassment: Awareness and Prevention ISBN-978-81-19708-66-6

**As a Organizing Secretary a National Seven Days Workshop on” Gurukul Shiksha Paddati avam Aadunik parivesh main iski parashangikta” Sponsored by Impress HRDC (ICSSR) , Chaman Lal Mahavidyalya, Landhaura, Haridwar on 16-22 Sep. 2019.**

**Convenor, one week workshop on Intellectual property rights Sponsored by UCOST, Dehradun , 29 Dec to 3 Jan, 2024**

**Convenor, Two days National seminar on Sexual Harassment: Awareness and Prevention Sponsored by ICSSR, Delhi , 21-22 Feb 2024**

**Convenor, One days national seminar on Intellectual property rights Sponsored by UCOST, Dehradun, 21 September 2024**

**Refresher Course**

UGC sponsored Refresher Course on Multidiscipline in Effective teaching skills, organized by HRDC Pondicherry University during 4<sup>th</sup> to 17<sup>th</sup> March 2022.

UGC sponsored Refresher course (Multidiscipline) organized by HRDC Shimla during  
**Orientation Programme**

- UGC sponsored Orientation Programme 30 Days, organized by University Grant Commission, Human Resource Development Centre Kumaun University, Nainital (Uttarakhand), 11/11/2021 to 11/12/2021
- Institute of Secretariat Training and Management, Delhi Training Program on stress management, Govt. of India on 14- 17/05/2019

#### **Short Term Training Program**

- ☐ UGC sponsored Online Short Term Training Program on Resource, Time & Stress management (With Reference to NEP-2020) for the teachers of University and Colleges organized by Faculty Development Centre HNB Garhwal University during 22-28 Feb. 2022 under the PAMMMNMTT Scheme of MHRD, Govt. of India.
- Diet Management in Health and Disease (Moocs), EFL University, Hyderabad, Sawayam course, NPTEL , Sawayam course.
- Research methodology, NPTEL , Sawayam course

#### **PERSONAL DETAILS:**

Father's Name	:	<b>Shri Ashok Kumar Chauhan</b>
Nationality	:	<b>Indian</b>
Postal Address	:	<b>Village and Post- Ambuwala District: Haridwar (U.K.)</b>
Sex	:	<b>Female</b>
Marital Status	:	<b>Married</b>
Language known	:	<b>Hindi &amp; English</b>